

## HEALTHY GRIEF

Though no one dies tomorrow,  
They surely can today.  
Don't dream about the sorrow,  
When they've not flown away!

Just bask within the beauty  
That shines while they're alive,  
And pray (for it's your duty)  
That friends and loved ones thrive.

Then, when they take to leaving,  
You'll be prepared to weep  
With gratitude, while grieving  
For those who fall asleep.

Such mourning makes you ready  
To greet them, way up high,  
By soaring strong and steady,  
When it's your turn to fly.

— *David L. Hatton, 4/17/2018*