

FOCUS

Focus on your friendships, ever blessing human foes.
Waken to God's wonders, never worried about woes.
 Regret's a ghastly prison,
 but a fresh day has arisen!
Cultivate your garden and enjoy the fragrant rose.

Call to mind past pleasures; do not meditate on pains.
Tally wholesome memories of melody's refrains.
 Empower healthy living
 with new strategies for giving.
Treasure gifts and graces, but release your grip on gains.

News of dark disasters plunge and drown you in despair.
Global griefs and dangers tend to petrify your care.
 Refuse to buy or borrow
 from earth's endless store of sorrow.
Sit serene in silence, as you contemplate in prayer.

Fix your mind on duty, never on your neighbor's sin.
Flee life's fleeting fancies and forget what could have been.
 Give godly goals your focus,
 steering clear of hocus pocus!
Plan your outward journey from the light of Christ within.

— *David L. Hatton, 5/25/2018*