

**A Letter to Study-Group Participants**  
**About Studying *Meeting at the River***  
(to be given out with each book)

Hello, brothers and sisters in Christ!\*

Welcome to a unique study on *body acceptance*—a godly understanding of our God-designed, gender-distinctive anatomy. Almost all of us grew up with an unhealthy, unholy *body shame*—a dangerously dysfunctional perspective. My book—partly autobiographical but mainly fantasy—challenges that latter view with the authentic research that helped bring me back to the attitude once common among our ancestors in the faith.

A few weeks before your first study-group meeting, read the entire book. If questions arise in that first full reading, don't raise them at your first study-group meeting. Instead, jot them down to bring them up when that section of the book is being covered in discussion.

Then, shortly before each scheduled meeting, carefully review the section to be covered in that session. Include, in that review, a thorough study of all the endnote references for that section. These contain much of the research that brought me to my conclusions, and many of these endnotes will be cited in the group discussions.

Again, I'm thrilled to see you taking this educational journey, which changed my mind and my life. Hopefully it will do the same for you.

Blessings in Christ!

*David L. Hatton*

\*I wrote my book with both male and female Christian believers in mind, and the full impact of its discussion in a group setting will be greatly diminished without the participation of husbands, wives, and singles of both genders.